

| ALERT LEVEL | EVENT CONDITIONS | RECOMMENDATIONS |
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| BLACK | Extreme Risk | Participation stopped/follow event officials instructions |
| RED | High Risk - Potentially dangerous conditions | Slow down. Drink extra fluids. Observe course changes. Consider stopping. Follow event official instructions |
| YELLOW | Moderate Risk - Less than ideal conditions | Slow pace. Be prepared for worsening conditions. |
| GREEN | Low Risk - Good conditions | Enjoy the event! |
| WHITE | Risk of Hypothermia | Dress for cooler conditions. Take precautions if raining |